# Winter Newsletter 2020







## Seasonings Greetings from the Chairman

Lockdown has been named by Collins Dictionary the most used word for 2020. When making our New Year resolutions in 2019 no one could have predicted just how 2020 would turn out. Families and businesses have been, and continue to be, affected by covid-19 and it is unclear whether social distancing restrictions will be reduced come the start of 2021.

During this year your Parish Council has continued to support the community. You will be aware that we delivered leaflets to every household in Old Catton with emergency contact numbers for isolators so that volunteers were able to support those needing assistance during the first lockdown and beyond. We are grateful to all volunteers who stepped forward to support their community and to those who continue providing support, comfort and a friendly face to so many. Catton Watch founder Victoria Waterfield has been instrumental in coordinating support and we are grateful for all she has done for our community. The Parish Council has been amazed by the unreserved acts of kindness our community continue to extend to each other in support during these uncertain times.

Additionally, special mention must be given to our Clerk, Sarah Vincent, and Administration Officer, Gail Howes, who have worked tirelessly throughout the pandemic supporting our community; facilitating the covid-19 emergency contact leaflets, coordinating support with Broadland District Council, facilitating PPE for volunteers and isolators, assisting with food supplies where required, and supporting (and continuing to support) isolators with shopping, prescription requests and befriending telephone calls on top of their daily tasks for the Parish Council. This support has been essential to the wellbeing of many of our residents. They are an asset to the Council and to our Parish and I personally thank them for their continued dedication.

Throughout the year the Council has continued running and maintaining Old Catton's facilities for Parish use. We have been able to provide tennis courts, a bowling green for ad hoc use by individuals and clubs, found solutions to allow cricket and football to use the Recreation Ground and even offered space for outdoor exercise classes during the summer! With the increase in exercise and less driving it has been wonderful to see the increased footfall through the Parish and we hope you have enjoyed the facilities available.



Looking to 2021, with current Government restrictions, there are no definite plans for projects within the Parish at this time, however we are confident there will be more positive news in the coming year. Certainly there will be additional CIL (community infrastructure) and S106 funds available due to the Sewell Meadow development and the Parish Council will be looking for long term investments in the Parish for these funds; if you have any infrastructure ideas you wish the Council to consider please contact the Clerk's office.

I would like to thank Clare Lincoln for her continued support of the Youth Engagement Project. Thanks also go to all of the Community Groups and Sports Clubs in Old Catton for finding new and innovative ways of keeping the Community connected and helping to raise spirits.

Finally, I must thank my fellow Parish Councillors for their continued commitment and support to Old Catton, helping to shape the Parish to the benefit of our residents.

On behalf of the Parish Council I wish you and your families a Merry Christmas and a Happy New Year and look forward to brighter times in 2021.

#### ROYAL BRITISH LEGION POPPY TRAIL

November has been a busy month for the Old Catton Royal British Legion branch. At the start of half term, boards went up around the village, leading to much speculation! Little did anyone know then, that this was the beginning of a fortnight of coming together for Old Catton. The Royal British Legion, with help from Astley Estates and the Parish Council had organised a walk of remembrance enabling people to unite in an act of remembrance as they walked and talked along the "Old Catton Remembers" Poppy Trail. The lives of the 17 men and one woman from Old Catton who died in the Second World War, were detailed on posters around the village. Private Daphne Powles was "posted" at White Woman Lane School, as her family had lived in Longe Road, just opposite. Private Robert Watts, although himself a policeman before the war, was hosted by Little House Dental Practice as he came from a family of dentists. The biography of Bombardier Walter Smith, the hardest one to research, was displayed at his home on George Hill. Old Catton Junior School hosted the biography of Corporal Alan Seager, who was married only a few days before leaving



his bride to go to the Far East where he was taken as a Prisoner of War. The school held a virtual assembly in which the Headteacher, Kate Connelly, told the children about the life of Corporal Seager. She said that the children were fascinated and many of them had walked the Poppy Trail with their parents. Following the report on Anglia News, BBC Look East and Radio Norfolk, people took advantage of the sunshine and "Poppy Trailers" were everywhere in Old Catton over Remembrance weekend. People had come from all over the city, and surrounding areas, and even from Suffolk! Many cried over the fates of Bombardier Richard Hazell and Warrant-Officer Dennis Juby, and expressed shock at the cover-up for so many years, each story poignant and reminiscent of many similar stories handed down the generations in your own families. At the War Memorial and during the eleven o'clock silence on Sunday, their lives, as well as their names, were well and truly remembered, and their sacrifice honoured. Many people had only heard about it from seeing it on television, and requests were made to keep the trail going for a further two weeks. The memorial/remembrance books have now been delivered to every home within the Parish boundary, and beyond. If anyone still would like one then a copy can be obtained from the Parish Council Office at the Recreation Ground on Church Street, for a donation to the Old Catton Branch of The Royal British Legion. Thank you to everyone for your support.





#### FRIENDS OF CATTON PARK



Like many local organisations, the Friends have not been able to host our usual event programme during 2020. However, we have noticed that many people have been out enjoying the park as part of their daily exercise during the lockdown months. In place of our events we are holding a competition for poetry and photographs to celebrate the wonderful asset which is Catton Park.

The subject of each competition is 'Capturing the Atmosphere of Catton Park'. To enter please email your photo or poem to friendsofcattonpark@gmail.com before the end of 2020. Entry to the competition is free but one entry only per person please - but you can enter both a photo and a poem. There are three age categories - up to 8, 9 - 16, and 17+ so please include which age category you are entering. The judges' decision is final, and entrants give the Friends' Committee permission to use the images and poems to promote the Park. There will be prizes for the winning entries which will be included in our newsletter and displayed at the Friends' AGM which we hope to hold in early summer 2021. If you have any questions please contact Gill Renouf on 484073. We look forward to seeing your entries!

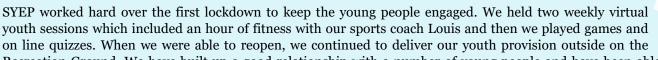
We were fortunate enough to squeeze in two events in early March. The first was a Quiz and Chips night which was well attended – competition was fierce with the winning team nudging ahead in the final round. The second event was a Daffodil Day – five gardens were open to visitors and the ticket price included home made refreshments. The soup was particularly popular! We raised over £500 from the two events for the Park. We anticipate that once Covid restrictions are lifted that money we have earmarked will be spent on some sculptures for the Park along with wild flowers which will be planted in the spring. Many thanks to the garden hosts, the volunteers who helped at the quiz and open gardens, and to all who supported us at the events.

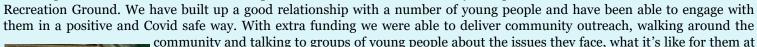
Looking forward to 2021 we plan to host a second Daffodil Day. This might be organised at short notice so watch this space!

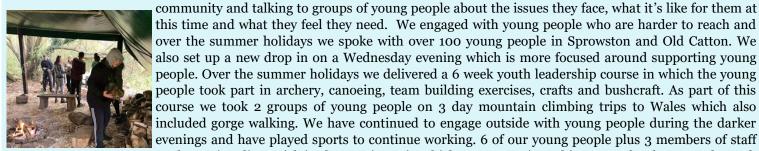
Did you know that in Old Catton recycling your glass can help the Park if you put it in one of three banks around the village rather than in your grey recycling bin? All glass recycled at one of these banks in Old Catton raises money for the Park. The glass banks are available at Morrisons and the Maids Head and Woodman public houses. You can also recycle paper at Morrisons and glass at the Old Rectory in Crostwick. Although it is a little more effort than popping the glass in your grey bins, every little helps and the money raised is much appreciated. Many thanks!

If you would like to find out more about the Friends, joining the Committee or volunteering to help with our events please contact Gill on 484073. You can also find information on the website at www.cattonpark.com. We will update our information as soon as we have plans but it is unlikely that we will host any further events this year.

#### OLD CATTON AND SPROWSTON YOUTH ENGAGEMENT PROJECT







over the summer holidays we spoke with over 100 young people in Sprowston and Old Catton. We also set up a new drop in on a Wednesday evening which is more focused around supporting young people. Over the summer holidays we delivered a 6 week youth leadership course in which the young people took part in archery, canoeing, team building exercises, crafts and bushcraft. As part of this course we took 2 groups of young people on 3 day mountain climbing trips to Wales which also included gorge walking. We have continued to engage outside with young people during the darker evenings and have played sports to continue working. 6 of our young people plus 3 members of staff took part in a litter pick in the pouring rain which was a massive achievement for the guys who took part. Although tighter lockdown measures have been put in place, as a project we are still able to engage with young people outside and through support groups inside. We have now set up a focus support group for our young people who are struggling in different areas of their lives, we will continue to engage with young people outside on a Thursday evening and have also set up a gaming server on Discord to engage with young people through Minecraft in which we have created a world for them; this has gone down really well.



# old Carton

#### **OLD CATTON HORTICULTURAL CLUB**

What strange times we live in! Our last Club meeting was in March and we do not expect to have another until well onto Spring next year but gardens and gardening have proved to be

very therapeutic during the past challenging months. No Spring Show, Trips or Plant Sale either! However, our members are very resilient and we have tried to maintain the Club's reputation of being a social club as well as a gardening one, even at "a distance"! We have circulated a monthly newsletter to members with the usual "Gardening jobs to do this Month", photos of plants and members' gardens, wildlife and interesting features, puzzles, quizzes and quips, which we hope has provided an entertaining diversion for those shielding, locked down or merely distancing (all terms we did not use before Covid!). All this has been made possible by those members who contributed items and those who distributed the newsletters.

In May the Club usually gives each member a plant to grow on and return for judging in September. We had already bought and received the 80 Winston Churchill Fuchsia plug plants for this year and they were being "grown on" and it seemed a shame for them to remain in their safe haven so, again, members came to the rescue and all were delivered to member's doorsteps. Instead of the usual judging at the September meeting we had a "virtual" exhibition whereby members took photos of their plants and they were circulated to the members via the newsletter. A members Open Gardens had been planned for the summer as had three trips and a Summer Social - all of which were cancelled. However, ten members stepped up and offered to host a series of mini member only events during the summer all within the strict guidelines. Each of the hour-long visits were for a maximum of six people including the host(s) and most held two sessions per afternoon with time for sanitising in between. Only one was cancelled due to bad weather and the others were greatly appreciated.





We have a large Committee but owing to the restrictions physical meetings were cancelled. Many of our members are not 'ZOOMING savvy' so virtual ones were not an option. In the first two months communication and discussion was by phone or email but as time went on it was felt that a better way could be found and it was decided that a mini meeting of 6 members in a large garden was acceptable. Agendas and relevant information was sent to all Committee members in advance of the meeting and those not attending passed on any comments, views etc. to the Secretary which were then given at the meeting. Similarly any recommendations made at the meeting were sent to the others for their approval (or otherwise). This was an improvement although the sudden downpour in the middle of the afternoon was just another challenge to overcome. We also had a meeting on one of the hottest afternoons and since had one in a very cold large greenhouse! Throughout the winter we will continue the monthly newsletters and will also keep in touch with members via phone calls.

We do not know what the future will be and what the "new normal" will look like but we have shown that the "old normal" of our club i.e. the strong, positive and social ethos remains thanks to its fantastic members and we look forward to meeting "in person" again soon!

## A Poem For 2020

We're living in a funny age
No matter what your sex or age
Our children to the school depart
Only to sit six feet apart
And the lessons are so few
Upon the internet must view
The pubs are shut, the cafés too
They've even closed the public loo
The people that we love so much
We're even not allowed to touch
No cuddles, kisses or a hug
In case we catch that awful bug
So prayers & love to everyone
Hope we're more blessed in'21

## LITTER PICKING



Please help to support your Community by arranging a litter pick around Old Catton. This could be on your own or in groups of up to 6.

Litter pickers, gloves and rubbish bags are available from Old Catton Parish Council. Please telephone 01603 423880 or email <a href="mailto:clerk@oldcattonparishcouncil.co.uk">clerk@oldcattonparishcouncil.co.uk</a> to arrange collection of equipment.

PLEASE REMEMBER TO OBSERVE SOCIAL DISTANCING AT ALL TIMES



#### KEEPING IN TOUCH-OLD CATTON EVENING WOMEN'S INSTITUTE

As things ground to a halt in March, we set up regular newsletters to members, as a way of staying connected. While some members were shielding, others were free to help and run errands. A WhatsApp support group and quiz group, a jigsaw 'library' and other informal links were formed.

We dipped our toes in the waters of Zoom ... some of us are still in the shallow end holding onto the side, whilst others are swimming freestyle in open water! It's been lovely to see one other on screen – thank you to Rachel Wright for setting up our Monday Zooms and helping us with the technology.

President Lorna Brigden held a 'Garden Party with a Difference' - separate groups of six in timed slots with sanitising in between. Despite having to bring our own refreshments and keep our distance, we had fun ... pre-drawn, Covid-secure raffles could be a constant feature of 2021!

Our Strollers Group re-started in July, observing social distancing and other precautions – it's lovely to get outside in good company. Members met Lorna's challenge of knitting 100 Trauma Teddies for the NNUH Children's Department inside six weeks, moving on to green hearts, rainbows and other topical items ... so creative!

Marion Eastick challenged us all to re-visit old skills – sewing machines were dusted off to make over a hundred 'pillowcase laundry sacks', helping keep health workers safe.

We feel very lucky to live in Norfolk, with our gardens and parks... and extremely grateful to Secretary Rachel, who has cheerfully dealt with a significantly heavier workload this year. Members have been really supportive of each other – in some ways, lockdown has helped us get to know each other better, and we look forward to building on this when we can meet again.



Best wishes for the Christmas period from everyone at the WI. Shelagh Maple - OCWI Committee

Are you interested in joining the WI and/or our Strollers group? If so, please contact Lorna Brigden (President) on 07794 714621 or Shelagh Maple shelaghnr7@gmail.com



President Lorna Brigden and WI member Krissie Stone set off on their deliveries (April) Norfolk Community Health & Care Trust received over 100 laundry bags from Old Catton & Sprowston WI They sent a lovely letter of thanks and appreciation

#### **OLD CATTON CRICKET CLUB**

Old Catton Cricket Club



Well, thanks to the efforts of the Norfolk Cricket Board, Old Catton Parish Council, and of course our Committee and eager club members, we played cricket this season, or rather half season. Right up until July we feared that there would be no chance of cricket, but when we were given permission we managed to cram in 20 matches, over half of them on the Recreation Ground here in Old Catton.

It was good to achieve some normality in our lives - did I say normality? There was a constant odour of sanitisation in the air, sitting on the grass partaking of our packed teas and lemonade instead of in the Pavilion, our 'virtual dressing room' in the open air, albeit we were dressed ready for the game in advance, and of course no celebrations in taking a wicket in the customary way. I was also given the honour of being the 'Keeper of the Toilet Key' for the convenience of players and spectators.

We sincerely hope that we will be able to get a full season in next year, and that everybody stays safe and well.

We are always looking for new players, both junior and adult, as our newcomers this past year can testify, we are a friendly lot. If you are interested in playing for us contact the following:-

Giles Pickett gtp38@hotmail.com or Greg Crisp gregs111@sky.com

Thank You,

Barry Prime, Chairman Old Catton Cricket Club.—barryrprime@gmail.com



#### **CATTON DISTRICT GIRLGUIDING**

1st Old Catton Rainbows had some outdoor meetings in September. In one of those meetings they followed some glow in the dark trails and looked for hidden objects. The Rainbows have also been taking part in online meetings. They enjoy working towards badges, doing crafts and playing games.

1st Old Catton Brownies started the term with an evening of wall climbing and fire lighting at Hautbois. Since then we have been meeting outside, even in the wind and sometimes rain! The girls have been brilliant embracing the new environment. We've used these meetings to make nature pictures, potato people, play games and celebrate Halloween.





Spixworth Brownies have managed a month of face 2 face meetings. We have recently decorated stones with poppies for Remembrance Day. They are on display outside Spixworth Church. We made windows poppies too. They should be in windows around Spixworth

3rd and 4th Old Catton Brownies enjoyed a spooky evening at the Recreation Ground. The girls followed a trail which took them into the wooded area where they used their torches to hunt for clues, which led to a treat at the end. Many girls had dressed up and so there were witches, ghosts, bats and monsters to be seen in Old Catton that night. The was also a lot of screaming and other strange noises but the girls seemed to be having fun. It's not surprising the police came to check the goings on at the Recreation Ground that night.





1<sup>st</sup> Old Catton Guides were busy over zoom with a mixture of fun activities such as virtual camps, baking or quizzes, we followed this by doing an outdoor meeting at Old Catton Recreation Ground before we finished for the summer. We had 4 weeks of adventurous activities at Hautbois with plenty of canoeing, kayaking, bushcraft, archery and zipwire being done.

2<sup>nd</sup> Old Catton Guides is a reopened unit and has started with 10 girls, growing to 13 after the half term. We completed the Camp Skill builder badge over a number of weeks no matter the weather. They showed some great team work with communication being key while having to socially distance from each other.





It has been wonderful to be joined by an intrepid bunch of keen new young women at Old Catton Rangers. Starting out with a bang we have filled our half term with fire lighting, buddy burners, pancakes, pumpkin carving and willow lanterns! Our Rangers have been challenging themselves to learn new skills and make new friends.

#### A MESSAGE FROM PC GRAHAM GILL

Firstly, I would like to introduce myself. My name is PC Graham Gill and I have worked for Norfolk Constabulary for 13 years. The majority of my service has been in uniform on the frontline of Policing.

I have been the Sprowston and Old Catton Beat Manager since December 2019 and what a first year it's been! I spent the beginning of the year familiarising myself with the Beat and held a couple of SNAP meetings and Engagement Surgeries within the Community. However, since March, myself and my colleagues, within the Broadland Neighbourhood Team have had to adapt to a different style of Community Policing. But throughout the national lockdown, my priorities have remained the same, to continue engaging and providing reassurance for the residents of Sprowston and Old Catton. With Surgeries and SNAPS postponed, I have been monitoring Social Media to identify where there have been reports of anti-social behaviour and trying to identify where the most vulnerable members of the community are, which helps me prioritise my patrols.

Graham Gill -Pc 1578
Beat Manager Old Catton and Sprowston
Sprowston Police Station
105 - 109 Wroxham Road
Norwich, Norfolk NR7 8TU
Tel: 01603 276727



#### 44TH NORWICH (1ST OLD CATTON) SCOUT GROUP

The Scout Association defines its vision as "Skills for Life" - preparing young people with the skills that they need to succeed in life - practical skills, character skills and employability skills.

2020 has certainly provided our leaders and young people to test and develop these skills. When lockdown hit the nation in March, we quickly switched to online meetings, learning new IT skills and developing activities for meetings that were engaging, challenging and rewarding. It was incredible just how many new activities our Beavers, Cubs and Scouts learnt! Highlights included scientific experiments, cooking, meteorology and thanks to the generosity of the staff at Banham zoo and Africa live, a remote visit to their zoo during lockdown.

The "Banham Zoo-m Virtual visit" involved the zookeepers taking us via their phones to a huge variety of pens, with three of our Scouts and Cubs asking the questions. During the night, over 150 additional questions were asked by the Scouts so the zookeepers were kept busy!

While our planned camps away were cancelled, many took part in a World Record attempt at the largest Virtual Camp at Home, joining over 95,000 other scouts from around the world. Some of the scouts enjoyed it so much, they stayed camping for over a week, and cooked outside too.

From September we've massively enjoyed meeting face to face again, with our Scouts trying abseiling, climbing and zip wires in the dark. When combined with the Covid risk assessment, our leaders did a great job proving every eventuality was considered. Perhaps they did underestimate just how much fun the Scouts enjoyed it...

Lastly, our exec have had a successful year. We now have our much needed new floor in our Scout HQ on Lodge Lane, which will provide a safer and warmer place of our Scouts in the future, in particular we'd like to thank the Norwich

Alpha Lions, who provided the lion's share of grants towards the cost.

We are now developing a safe outside space in the grounds of the HQ for our young people to keep trying out new practical skills.

There is plenty of help needed to keep the group running; whether as part of the exec or helping out with the meetings. We look forward to welcoming you!

BANHAM ZOO VIRTUAL VISIT

#### A MESSAGE FROM COUNCILLOR KAREN VINCENT

First and foremost I hope this report finds you well as Coronavirus continues to impact on our lives.

One thing the pandemic has reaffirmed to me is the amazing community spirit in Old Catton – how lucky we are to have so many prepared to help others! I would especially like to thank Sarah, Gail and the Parish Council for the vital role they have played and Vicky of Catton Watch and her team of amazing volunteers for their incredible support.

The work of your Councils, at District and County, has continued throughout, with teams working to protect the most vulnerable and support those in need. Supporting local businesses has also been a priority to ensure that they get the help they need. Businesses in Broadland have received support grants in excess of £25m and help in making them Covid-19 compliant. A coordinated response remains in place. For latest updates and impacts on your services, see: <a href="https://www.norfolk.gov.uk">www.norfolk.gov.uk</a>

I have been working closely with the Parish Council and am pleased to support its bid for parish partnership funding. By working together and pooling resources - my Councillor Highways Allowance with parish council funds - we now have the funding needed to extend the TROD path from the surgery across the green to Priors Drive.

Other local issues I have been working on include pressing for an improved bus service (let me know what you think) and various highways improvements. Lodge Lane resurfacing proceeded as planned, Chartwell Rd junction repairs and St. Faiths' Road drainage scheme to resolve flooding are underway and nearing completion. In 2021 we will see improvements to Fifers Lane/St. Faiths Road junction. Plans are being finalised for a mini roundabout with pedestrian islands to aid safe crossing at this busy junction.

If you have any local issues of concern please don't hesitate to get in touch.

#### Councillor Karen Vincent

Email: Karen.Vincent2@norfolk.gov.uk Mob: 07881 365238

As we look towards Christmas wishing you good health and a happy and healthy 2021 ahead ...



#### **CATTON PARK TRUST**

Surprisingly 2020 turned out to be the quietest and the busiest for Catton Park. The Trust had made the decision to reduce the number of planned events for 2020, giving the Park over to the community for the "quieter" enjoyment of the open space. How surprising it was to then to become the exercise hub of the community during lockdown! Footfall through Catton Park has increased significantly during this year with more runners, cyclists, walkers and tree climbers than ever before. Early morning and late evening exercise classes have become the norm for the Park and whilst we have not been able to welcome Park Run as normal we note participants have continued to use and support the Park. Of course, Hayman Lodge has remained closed during these times and we have been unable to offer hiring facilities – we are saddened not to be able to offer this well used and loved community facility.

On a brighter note we are pleased to announce that Catton Park has again been awarded the Green Flag Community Award for 2020/21. We are proud to receive this prestigious award for the fourth year running in recognition of the outstanding quality provided at Catton Park. You can see our flag proudly flying on the flagpole outside the main gates on Oak Lane.

Our Warden, Matt Caley, and new Park Assistant Amy Henderson, have continued managing and maintaining the Park to a high standard. We are pleased to be able to continue offering support to volunteers from City College as part of their educational programme and to volunteers from the Youth Offending Team on a weekly basis. We are also pleased to welcome some new volunteers to the Park who are working alongside the Warden - if you would like to volunteer for the Park please see our website for details – <a href="http://www.cattonpark.com/help-us/volunteering.html">http://www.cattonpark.com/help-us/volunteering.html</a>

Finally, we would like to say thank you to the community for continuing to support Catton Park. Recycle banks at Morrisons, the Woodman PH, the Maids Head PH and The Rectory, Crostwick continue to provide valuable funds towards the upkeep of the Park so thank you to everyone who recycles their glass bottles and paper at these points. If you would like to make a financial donation to the Park you can do this via the JustGiving page on our website. All donations are gratefully received.

http://www.cattonpark.com/help-us/make-a-donation.html.

Bradley Sabberton-Coe Chairman Catton Park Trust



## Contacting The Clerk's Office

The Clerk's Office can be found at the Pavilion at the Recreation Ground, Church Street, Old Catton NR6 7DS and is open to the public Monday to Friday from 9am - 4pm.

Telephone: 01603 423880

e-mail:

clerk@oldcattonparishcouncil.co.uk assistant@oldcattonparishcouncil.co.uk

Parish Council Meetings are held at 7pm on the second Monday of each month. Meetings will now be virtual. Please contact the Clerk for further information.

More information is available on the Parish Council noticeboards or website

www.oldcattonparishcouncil.co.uk

#### Your Parish Councillors

**Mr J Amis**: 86 Oak Lane, NR6 7DD 01603 960688

Mrs A Chandler: 60 Church Road, Swainsthorpe, NR14 8PR

01508 470388

Mr G Crouch: 202 Spixworth Road, NR6 7EQ 01603 404520

**Ms Y Gowers**: 86 Oak Lane NR6 7DD 01603 960688

**Mr B Honess**: 1 Colkett Drive, NR6 7ND 01603 419943

**Mr D King**: 72 Mountbatten Drive, NR6 7PP 07858 626772

Mr B Palmer: 45 Catton Chase, NR6 7AS 01603 465514

Mr B Sabberton-Coe: 62 Garrick Green, NR6 7AN 01603 483976

Mr G Tingle: 36 Mousehold Lane, NR6 8HA 01603 465514

**Mr R Tovell**: 136 Proctor Road, NR6 7PH 01603 414206

Mr M Vincent: 4 Colkett Drive, NR6 7ND 01603 485460

Mr S Walker: 188 Spixworth Road, NR6 7EQ 07807 516708

Miss P Wilkin: Church Barn, Swash Lane, Rackheath, NR13 6QT

01603 781050